

PROFESSIONAL DEVELOPMENT

Helping to equip individuals and organizations to inspire, engage and thrive to support our next generation of leaders.

“Known for our tools, energy, and positive change.”

OVERVIEW

At Lead, we believe every individual who supports youth is essential to shaping the future. That's why our professional development program goes beyond the norm. We empower educators, service providers, nonprofit professionals, school administrators, and more with practical tools, tailored interactive learning, and resources that build skills and drive engagement. Our program enhances organizational growth and culture while creating a ripple effect of leadership, confidence, and meaningful change that transforms every facet of your organization.

SERVICES

- Workshops
- Membership Platform

TOPICS

- Leadership
- Overcoming Limiting Beliefs & Imposter Syndrome
- Mindful Listening & Intention Setting
- Confidence
- Wellbeing & Burnt Out

STYLE

- Guided practice to support learning of key tools and skills to implement directly into your life
- Work with leadership to address issues and improve culture in the workplace



LISA TARKINGTON

Facilitator of Professional Development & President of Lead

My favorite part was interacting with colleagues and realizing that we have many of the same fears and anxieties. I learned many tools to implement to help me and my teams.

Thank you Lisa! I had the opportunity to attend your session and you shared so much that I will be able to use to be a better leader and person. It really helped me refocus.

Simply incredible. My team left our session with Lisa feeling energized and at ease, ready to tackle anything headed our way with patience and grace. Then, there's the fact that you just want to be her best friend because of her positive energy. Such a great experience – 11/10 recommend!

Companies who have experienced working with us



WORKSHOPS & BREAKOUT SESSIONS

MOST POPULAR

LEAD WITH INTENTION

1-2 Hour training, available in person or virtually

Discover practical ways to being more intentional with your daily routines, cultivating greater awareness and mindfulness. Learn how to master the art of intention setting, listening to build stronger communication and create deeper, more meaningful connections in your personal and professional life.

Individuals will leave equipped with actionable strategies to set mindful intentions, harness the power of presence, and enhance your leadership abilities. This session will inspire you to lead a life that not only benefits your personal growth but also positively impacts those around you.

Your audience will leave with:

- Practical tools to bring mindfulness into your daily life and foster greater presence.
- Strategies to become a mindful listener, improving communication and strengthening relationships.
- Renewed energy and inspiration to lead with purpose and positively influence others.

OTHER TOPICS INCLUDE:

1-2 Hour training, available in person or virtually

- Breaking Through Limiting Beliefs: Unlock Your Potential and Achieve Your Goals
- Lead with Connection: Creating Resilient Teams
- Lead with Purpose: How to set goals that align to your purpose and passion
- From Surviving to Thriving: Practical Strategies to Prevent Burnout
- The Confidence Blueprint: Thriving in Your Role
- Lead from Within: How to Foster Positive Wellbeing Practices and Ignite Growth in Yourself and Your Team

“Lisa is an exceptional presenter who masterfully blends personal stories, evidence-based practices, and a remarkable ability to read her audience and foster engagement. Her sessions are thoughtfully designed, incorporating large group discussions, breakout activities, and moments for personal reflection.

Every time I attend one of Lisa's presentations, I leave feeling balanced, calm, and renewed. Her unique ability to connect with her audience and inspire meaningful change is truly unparalleled.”

—Educational Service Agency Teacher

If you're looking for a customized workshop, we can tailor to your organization's needs



OUR PROGRAMS SPARKS CHANGE

This program incorporates both our professional development offerings to drive meaningful, positive changes within your organizational culture.

INSPIRE & ENGAGE.

WORKSHOP

Our interactive workshops foster hands-on learning and collaboration. This engaging session empowers participants with practical tools, strategies, and real-world applications to start making an immediate impact.

EQUIP.

MEMBERSHIP

After a workshop your employees will be equipped on some amazing skills. Extend the momentum through our Lead Within platform. This option provide the continued guidance, tools, and resources necessary to sustain positive culture change, ensuring long-term growth and transformation.